

Corona Virus Resources At A Glance Cheatsheet

Step #1 - First, Learn How To Lessen the Risk of Contracting CV

The current pandemic of CV is definitely nothing to sneeze at. However, there are steps you can take to lessen your chances of getting it. Here are some:

- <u>Coronavirus quarantine and self-isolation: your questions answered</u>
- Everything you wanted to know about self-quarantine, from a person who's living it
- Official "Prevent CV from Spreading"
- What to buy if you're quarantined at home during the coronavirus pandemic

And the symptoms of CV?

- FAQs about Coronavirus and COVID-19
- Next, move to:

Step #2 - Next, Find the Valid CV Resource Sites to See The Latest Data

It's so easy to be taken in by fake news. Here are some authority sites to follow regarding CV:

- BMJ Coronavirus (covid-19): Latest news and resources
- <u>Corona Virus Live Data</u>
- <u>Coronavirus Disease (COVID-19) Research and Statistics</u>
- <u>COVID-19 ("Coronavirus") Information and Resources for Schools and School Personnel</u>
- How to practice social distancing during the coronavirus pandemic
- Johns Hopkins Coronavirus COVID-19 Global Cases
- Latest Google News about CoronaVirus
- What the FTC is Doing about Corona Virus
- <u>World Healthcare Coronavirus Situation</u>

Finally, let's talk about being this all together! Move to:

Step #3 - Help Others by Raising Their Spirits, Sharing This Cheatsheet, etc.

Want tips on helping your fellow human bean?

Read and use the goodness at these sites!

- <u>25 Ways of Dealing with Extra Time on Your Hands</u> * <u>Funny Gifs</u>
- Free Educational Resources for Kids During Coronavirus Quarantine
- How Italians are Dealing with Lockdown * Latest Inspirational Stories to Share
- Living in self-isolation: beating quarantine boredom and eating carbs
- The Best Indoor Games for Quarantined Kids and Families * Make People Laugh
- The family lockdown guide: how to emotionally prepare for coronavirus quarantine
- <u>These Iconic Museums Offer Virtual Tours Perfect for When You're Stuck at Home</u>
- Top 15 Best Funny Websites * CoronaApocalypse Hashtag

Good stuff! But you're not done yet - now, move to:

Your Next Steps

Your next steps are to get educated!

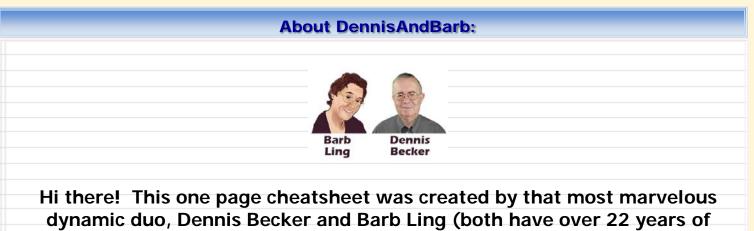
Visit the resources above. **Bookmark them!** (need help with organizing in a browser? <u>This</u> resource is grand!).

Next, **create a CoronaVirus Folder** in your Bookmarks Organizer and make sure you move those bookmarks to this folder (so everything is in one place)!

Research everything you've learned... and then give yourself permission to NOT panic, prepare wisely, and help your family and friends survive. You can do this... woot!

Oh! And did you take advantage of what's waiting for you on the next page yet?

Want to gain access to the BEST IM group coaching for only \$1 to test out?

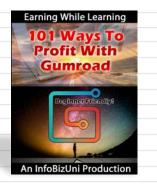


experience marketing online).

We encourage you to give this cheatsheet away to anyone who would benefit from it!

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