

DESTINY DNA



by Keith Matthew

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You now have in your possession a program that is going to ignite and inspire you, it's going to send chills up and down your spine as you discover the person you have always dreamed you could be.

The burning question on the minds of people from all walks of life, spanning the four corners of the globe is basically this:

Is my life predetermined? Or is there a way to shape and guide it?

The mind LOVES questions so here are a couple more that spring forth from the one core question:

Are there specific factors we can uncover that drive men and women toward an inevitable outcome?

What is the one KEY factor in determining a person's occupation, accomplishments and relationships?

These are some of the things we secretly (maybe even unconsciously) ask ourselves along the way on our quest for the Holy Grail of happiness.

But are there ANSWERS?

You bet there are. And we're going to uncover them together.

"Destiny" is about the path you're traveling, the experiences you're going to have, and the outcomes you're living with.

We often hear stories of sports teams that worked hard, just as the other teams did, and yet they went on to "win it all". Sometimes we call them the "Cinderella" team and many times the players themselves will call their team, a "*team of destiny*".

When they use this term, typically they talk about overcoming certain obstacles that outside observers would have thought would prevent them from accomplishing their goal. Perhaps their team was less

talented or their star player was injured. And yet, somehow, they found a way to keep winning and advancing.

People might say, "It was their destiny."

And don't limit this to only sports - where there are people, there's a fascination with this thing we call "destiny."

One lover says to the other: "It's written in the stars. We are destined to be together."

I once knew a 5-year old girl who, whenever she wanted something, she'd tell me and I'd ask her, "But how do you know if you'll get it or not?"

She would raise her squeaky 5-year old voice and roar with enthusiasm, "It is my destiny!"

That always made me both laugh and scratch my head at the same time.

On another occasion, I'd tell her, "Young lady, you need to go finish your homework now." Her reply? "I don't want to." And then I'd raise my scratchy voice up a bit and say with enthusiasm, "It is your destiny!" Ha ha...

Now, looking at your personal giftedness, your upbringing and your education, you may feel as if you were "destined" to be where you are at this point in your life. You may feel as if everything in your life directed you to the events and circumstances that shaped you to become the person that you see in the mirror every day.

And guess what? It's true!

Yet, there is still so much more to this story called "your life" and the destiny that awaits you...

As you know, although destiny is typically used in a positive sense, the world we live in also has a lot of negativity to it. That's the nature of duality.

And so, while one person feels “destined for greatness”, another person may also be feeling as if they were "destined for destruction" or possibly even worse (for me, at least): mediocrity.

The Two Sides of Reality

In determining what we feel should be the outcome of our lives, we tend to analyze external results. There is both good and bad in this. On the one hand, we don't coddle ourselves on the basis of our intentions.

We understand that the reality of life dictates that the only things that really matters are those things that we have actually done or accomplished, and not necessarily those things that we *think* that we have learned. Being moved to live in the moment to accomplish what we want is actually a good thing for us.

On the other hand, if we allow our past external accomplishments (or lack of them) and the current set of facts about our lives to dictate to us what we can accomplish, then these factual elements of destiny can be detrimental.

We might be tricked into believing that our future is limited to the things that we can “see” or have experienced. It doesn't take into consideration that we are able to work hard to expand and upgrade our skills and aptitudes or build key relationships that can benefit us toward the accomplishment of our goals.

It is the tension between these two forces (internal and external) that we see throughout our discussion of the subject of destiny in this guide. **We will be looking at the realities of our background, our gift inventory, our skills set, and our relationship network (externals) against the backdrop of our attitudes and ability to choose our future (internals).**

We will be discussing how these elements provide structure, while yet not constraining us from what we will become in the future. Because while the external factors give each of us a unique path toward our future goals and landing places, they do not determine our true potential.

In effect, we will discuss how destiny is determined beforehand it can truly only be evaluated in the moment. In fact, we'll discuss the single most important factor for our evaluation we close out the guide.

You will be able to take the concept of **destiny determination** and use it as leverage to go as high and far as you want to in your vocation or defining principle. **Most importantly, you'll see your uniqueness as a clue to how you can give and experience joy as you become a true servant of mankind.**

People of Destiny

There are many high achievers that we can look to with respect to certain specific elements that occurred on the road that led to their great success. You might think that in most cases, the true indicators would point to their skill level and their giftedness.

There is some truth to our intuition, but there is more to it...

In his book, *Outliers*, Malcolm Gladwell points to several examples of individuals that had great talent and a defining skill that they developed. In fact, it was Gladwell that resurrected and re-popularized the concept that to attain absolute mastery in an area, one had to spend 10,000 hours focused on learning and doing.

This, of course, coincides with the ancient concept of the craftsman *apprentice to mastery*. That's the 7 to 10 year period (Ironically, which equals about 10,000 hours) where men and women spend honing their craft. They become notable because they typically go beyond that of their peers, beyond what is considered to be "competence" and even beyond "excellence".

In short, they become *masters*.

This could serve as a depressing note and cause us to throw in the towel. We might ask, "where am I ever going to get 10,000 hours to develop my skill" or "they already knew what to work on...I don't".

Gladwell points out, though, that it was more to it than their *skill level* that moved them to mastery. In every case, there were important elements that aided the process of mastery. In the case of Bill Gates, we find that the head the Microsoft Corporation had an aptitude for computer programming far behind anyone in his peer group as well as those outside of his peer group.

However, there was an element of destiny in his choosing where he spent his 10,000 hours. He was given the opportunity as a very young

man to have free reign of a computer lab with very sophisticated technology at an early age.

It was here where he developed a passion and interest in what he would spend his 10,000 hours doing. His being selected, would probably considered to be a one in one million chance that a teenager would or could ever get the opportunity.

That opportunity didn't come to anyone else his age in the same way that it came to him. Since this contributed to him dedicating himself to his expertise, you might say that he was *destined* to become great in the area of computer programming and eventually found the Microsoft Corporation.

What unique opportunities have come to you, disguised in "street clothes" that may house your destiny?

Professional basketball player Michael Jordan achieved excellence in a sport among extremely gifted athletes. For a man to make it to the National Basketball Association and play for one of its 24 teams, the odds are one in well over 1 million. Therefore, the NBA is an elite group of athletes.

However, it is clear that even if you don't know much about basketball, you have heard of Michael Jordan and how he excelled over and above elite group. What was it about Michael Jordan that made him superior to a group elite and superior athletes in their own right? How did Michael Jordan become a superstar among superstar athletes?

Those that knew and played with Michael Jordan, throughout his career state that he was the most fundamentally sound basketball player that they had ever met, as well as disciplined physically. More than anything else though, what is said about Michael Jordan that made him particularly special among athletes, was that he had a ultra-competitive "will to win." This attitude, is what other players remember him most for.

But early in the basketball career of Michael Jordan dating back to high school was an interesting phenomenon that might point to his eventual destiny to become one of the greatest basketball players ever to play the game. Upon trying out for the varsity team in high school, Michael Jordan was thought to be not good enough to play with other more seasoned students. The coach, at that time thought that Michael needed to work on his skills and that perhaps he may not be fit to play for the team and was placed on the junior varsity team.

It was this element, that caused him to have such determination that he worked incessantly from that moment on until the next year where he would try out again. This work ethic at a basketball, became his *leverage over himself* to become good enough to make the varsity team.

It was that same work ethic that he carried with him throughout college and into becoming what is arguably one of the best professional basketball players to ever walk on to the court.

Had this situation not happened and perhaps Michael had been allowed to play on the varsity team **without** being cut, he may never have developed the streak in him to have this "will to win." He may not have developed the work ethic to relentlessly develop his physique and fundamentals until they were mastered.

This event can almost be said to have determined his destiny. Of course, no one would have guessed that it was to signal that he was destined for greatness. It was Michael that used it for fuel to shape what would be his defining characteristic.

Is there a potential setback that you have experienced that has driven you to mastery of an area? If so, it may be a clue to your ultimate destiny.

There are countless numbers of men and women who have had the same kinds of experiences and Gates and Jordan. While there is no doubt that they were excellent at what they did and/or and knowledgeable about their craft, there were other unique intangible

factors that entered into their story or narrative. These factors could have made or broken them.

Why are these stories important? You might think that you'll never be as smart or savvy as Bill Gates. Or, you might feel as if you'll never become a professional athlete. Their particular professions aren't the moral of the story.

The important element in this, is that there were events in the lives of these men and women (in this particular case Bill Gates and Michael Jordan) that contributed to their becoming the people that they became. There were opportunities that they could have taken and turned into their excuse not to become a man or woman of destiny. They took mundane opportunities and used them as extreme leverage in their lives.

All of us have streams of positive and negative circumstances coming at us throughout our lives. We need to recognize them as opportunities for destiny.

Once you recognize that these mundane opportunities come to everyone, you'll also realize that we get multiple chances throughout life. What will determine our eventual landing place, will not be the constraints of our gifts, talents and circumstances.

It will be our response to what is thrown at us along with our dedication to our goals and vision. We should use the examples of people of destiny as our wake-up call to respond positively to the things that are coming to us in our everyday lives.

Blooming Where We're Planted

One of the key factors in our success, whether we're talking about relationships, vocation or community/civic activities is deciding to make the most of what we have. That may sound trite and simple, however it is difficult to do in practice.

Often we're discouraged by the fact that we believe that we should be further along toward our goals or what we believe to be our ultimate destiny. We also can get discouraged about missed opportunities and skill deficiencies. Sometimes, we sneak a peek at what others are doing and decide to be less than satisfied with our own trajectory.

When we start to try to determine why we're 'here', one of the things that we can do is to take a look at what we are uniquely gifted to solve. It may not appear as anything that we might consider to be "great".

However, as we have seen from the lives of those men and women of destiny, mundane opportunities can lead to the path that we're ultimately going find our most significant work to do.

That means that regardless of what we're doing, we need to be present in the moment. We need to bring our best performance and attitude toward everything that we are involved in **now**. It is best to learn to embody it now.

Blooming where your planted means that you're going to ignore your past failures and disappointments. While they may help you not to make the same mistake a second time, they will not aid you in getting your best in the moment.

Learning to be consistent about bringing what is our top performance to the grind of our everyday life means that when it comes time for us to step onto a larger stage, we will be first generating excellent as a course of habit.

Pleasure and Pain

People tend to move toward pleasure and away from pain.

Pleasure and pain are not straight forward, though. They exist in a state of duality, so, while appearing opposite, are still bound to one another.

Even though we typically move away from pain, as we travel the path of experiences and lessons in life, people often may choose to continue living in painful or unfulfilling situations. Why? Because the rationalization may be, “Well, at least I am familiar with this pain, I know what to expect in these circumstances. I won’t have to venture out into the “unknown” and become uncomfortable.

The key is learning to move beyond the pleasure and pain conversation and instead focusing on developing your awareness or waking up to your true self.

Reality and Illusion

The discussion on pleasure and pain brings us to an interesting intersection of ideas. Getting to our goal does sometimes requires us to ignore the state of our pleasure and pain. Both are realities of life that deal with.

But in order to get to our destiny, which is more real to us our goal or vision, which is invisible and not in our senses; or is it our state of pleasure/pain which is in our senses and is visible?

When you began to understand the answer, you'll hold the key point in our entire discussion on destiny. Much of what we experience in this life, is what we **choose** to experience. In other words, we can decide on what the reality of any situation is.

We have an enormous capacity to focus so obstacles shrink in light of where we're going and what we need to accomplish. In other words, we allow our destiny to grow so big, speak so loudly, and become so tangible, that it replaces the pleasure and pain that is part of our everyday experience.

It isn't that we no longer experience them, it's just that the future reality of where we are going is so visceral, that it doesn't leave room for us to pay attention to our current state of pleasure and or pain. However, doing this does not come easily to anyone.

It is a matter of focus and often, as was the case with Bill Gates and Michael Jordan, we come across an opportunity that someone might be inclined to call a "lucky break". In other words, we come across certain opportunities (that only belong to us) that we couldn't have generated and had nothing to do with who we were.

However, we choose how we react to all of our circumstances. We choose as to what and how to interpret the events in our lives and what we're going to do about them. Making that choice, means that we're moving our future reality into the present.

A Message Perfect for You

What we choose to do with opportunities has to do with our attitude. Sometimes, by working through what appears to be a negative situation we fuel our breakthrough.

Take some time to review your day at the end of each one. Go over the experiences you've had and see if you can find a common thread running through them.

Many times, simply by doing this, you'll be surprised at what you can learn.

It's human nature for us to react to circumstances by hoping that a situation will go away. Those of us who are religious in our orientation to life, will ask God to remove us from the negative situation, or remove the negative situation from us.

However...religious or not, removal from a situation doesn't often contribute positively to our ultimate destiny.

Keep in mind, it's not only ABOUT your mind. Asking these types of questions not only brings you insights, but it also opens the floodgates to new energies, new experiences and opportunities. It really is amazing – give it a go and see what happens.

If you have a question or problem, I assure you, there's an answer or solution. For many, they get stuck because they keep asking, "please take [this or that] away from me instead of asking, "What can I learn from this? How can I serve life better? What would my role model do in a situation like this?"

Ask yourself and the universe, "What have I to learn? What have I to give?" Asking these two questions can open you up to a whole new level of awareness about your life.

Also, if you are so busy asking and asking, start getting used to being in silence. It's when you replace asking with quiet listening that you realize the answer has been right in front of you all along, waiting to be noticed and embraced by you.

Imaging Yourself onto the Canvas of Life

In order to become solution oriented, we need to see ourselves differently. It will come quite natural to us, to envision our problem and circumstance as being overwhelming and insurmountable. However, it takes work for us to use our imagination to become solution oriented.

When we experience the kind of silence discussed in the last section, it must be accompanied with an active use of our imagination. In other words, we must employ the skill of daydreaming. Daydreaming is no more than visualizing your involved in a solution moving toward your goal and objective.

The opportunities for us to use our imagination, will not naturally present themselves during the course of your day. We are going to have to insert them and use them on purpose. We are have to train our brain to visualize our success before we actually experience it.

Men and women who reach the heights of power in government, business and community leadership, visualize themselves in their positions long before they actually arrive there. They see these scenes of their success, when they are in engaged in their most difficult moments when it seems unlikely that they will reach their destination.

As you take a step back from your most immediate situation, begin to develop the habit of visualizing you engaged in a solution. Then see yourself progressing from that solution toward the next level of your vision.

Discipline and Attention

For most people, discipline is not “the new sexy.” In fact, for many, it even carries a negative connotation from childhood.

We recall all the times we were “disciplined” by our parents – all the times we missed out on dessert or being able to do something fun because we’d gone against the rules of the house.

Well, prepare to be excited because discipline has nothing to do with that! In fact, discipline is actually a **WONDERFUL** thing because it actually **HELPS** us to live a happier, more fulfilling life!

Repeat after me: “Discipline is a wonderful thing.”

While there is nothing wrong with living and being in an unstructured environment, those that reach their highest potential find the time to master whatever their particular craft is. They make mastery their priority.

All lesser things, wait for their mastery of their subject, because they intuitively understand that the important disciplines are the reality. The fires and the loud bellowing situations are the illusion.

The question for you is this: what are you devoted to? What is your focus? To what are you giving and trading your life for. If you are trading your life and hours to solve urgent situations, you can expect that you will be doing the very same thing 10 years from today.

However, if your life pulls from you a measure of discipline that allows you to contribute a laser like focus on the area of life that will be your destiny, you can expect that you will get to your next level.

Your Basic Assumptions

It's important to note that what allows you to devote yourself to a particular discipline, is very basic although it requires a purposeful action. We have been talking about the fact that your destiny in a large measure will revolve around the choices you make to take certain actions and believe certain things.

If you are going to commit to mastery of a certain area, before you see the results, you'll need to have a **basic belief** that this will work for you and not against you. Mastery will require that you give up certain comforts and pleasures that others are receiving while you are on your way to what we eventually be your destiny.

It is against human nature for us to do give up these pleasures unless we honestly believe that the mastery will end in some kind of reward. The problem with the discipline of mastery is there is no immediate evidence of this. In fact, all of the evidence that you see is likely to be to the contrary.

If your attitude is such that you believe that everything that you do is going to lead to failure, you are likely to give up your quest for mastery long before you attain it. You are likely to succumb to negative circumstances, believing that your destiny is the end at the point of certain failures.

That is why you must choose to believe that every situation, even the negative ones are moving you forward. You will need to assume that your outcome or vision is inevitable.

That necessarily means that whatever happens to you in the interim is a stepping stone. As was said in an earlier section, this kind of attitude causes you to ask the question of what you need to learn instead of how you can end your discomfort.

The road that you will take toward your destiny will be littered with those that have stopped short. They will have believed that life had

placed before them barriers to bring them to their final plateau. Their basic assumption is that life has ruled against them.

However, those that choose to move forward have a basic belief set that will not allow them to give up the vision they have for their future, regardless of what happens. At some level, you must take on this thought process. Your destiny does not have to be whatever life gives you, it can become what you choose to believe about what life gives you if you choose to act on your beliefs.

Repeating Patterns

One of the things that you'll need to be careful in evaluating are circumstances in your life that seem to be repeating themselves in some way. For example, you may believe that something that your parents did seems to be occurring in your life, almost without your control.

As a result, you may believe that your life is taking an inevitable track toward an outcome that your parents received in their lives. While not everyone experiences that exact example, we all are subject to look at circumstances and look for patterns that are occurring in our lives outside of our direct control.

Our search for patterns often comes in our attempts to encourage ourselves. We look for parallels and patterns in order to make sense of our life experience.

There are times when we want to answer the question as to why we are not we are we think that we should be or why we're not farther along or closer toward experiencing the abundance that we believe we were created for.

So we seek to try to find the repeating patterns that have caused us to either make bad decisions or to experience defeat. The that line of thinking goes, if we can find the patterns that cause us to fail...repeatedly, we can eliminate them and move forward.

However, that which seems to be a helpful line of thought can actually keep us locked in the failures we are trying to overcome. When our focus becomes to eliminate failure that *has already occurred*, we began to replay scenes and scenarios in our mind that will can only produce more failure in the present. The practices of finding repeating patterns can become a sledgehammer our confidence, as we are literally visualizing our past defeats.

Instead of investing mental energy into finding repeating patterns, we must decide on new belief systems. And unfortunately there will be no evidence that there is truth in it.

In fact, the repeating patterns of failure in our lives are likely to set themselves against whatever it is that we are looking to attain in the future. At the very stage, that we need to be visualizing dreams, images and "short films" of new success, we deaden the effect of our positive movement by replaying negativity as we look for repeating patterns.

Once again, what we must hold as inevitable must be the vision that we are setting out to attain. It must be the picture that we hold in our brain. It must be the message that we are speaking in our heart. We must stand against any repeating pattern, with new action.

Those things that have occurred in our past, whether they have been repeated or not must serve as the template or the stepping stone toward what we will eventually become. Every experience is different, and every learning opportunity. as a result of that experience will be different.

When we discipline ourselves to look for the learning we must do, we're likely to find that the patterns that we *thought* were there in failure, exist only if we choose to define them as patterns. Instead, we must choose to define them as unique learning opportunities, with unique lessons and thus a special addition toward our growth and maturation.

Techniques For Uprooting Negativity From Your Life

Looking for repeating patterns is just a symptom of a larger problem. What is going on in our lives at any given time is going to be a function of negativity that we carry with us by habit.

If we're going to deal squarely with this cancer of negativity, we first have to acknowledge that it does not just 'happen' to us. The negativity we battle is often that which we carry by choice. And we are in control to remove it if we desire to.

There is no way to eliminate negativity however, you can root out the effects and bar it from entering into your core persona. And while there are a number of mental techniques that you can undertake, you'll probably find that negative thoughts will re-invade your consciousness almost seemingly at-will.

There are three steps that you'll need to take when you recognize that there is either negativity appearing in your thoughts:

Capture.

Capture the thought. We typically do not recognize or acknowledge negativity until we see it in our actions or it begins to come out of our mouths. That means that when we hear or speak or act out from negative emotions, we need to capture the thought and stop the process.

Choose.

The second step is then to choose. We then choose what we are going to believe and we choose how we're going to act on it. In effect, we are in control of whether a negative thought rules or whether or not it dies in its tracks.

Commit.

The third step is in some ways, the easiest. Once we have made a choice about the negativity that rears its head in our lives, we then commit to our individual vision and destiny.

What you'll find is that the more focused that you give to what it is that you are striving to do, the less opportunity negative thoughts and negative people have to invade your space. However, when they do, a recommitment to your vision will burn out the residue of negativity.

Control.

In some cases a fourth step is necessary but it is an advanced concept that may take you time to learn how to master. Those that achieve significant heights in their destiny speak about it in their own way and seem to have similarities in their attitude toward.

The fourth step with negativity is to control it for your purpose. In other words, recognition of a weakness, may be considered to be a negative dark when presented by someone outside of us. However, we can control and take that same negativity and use it to propel us even further and higher than we would have gone otherwise.

There will always be those who make it their business to bring to us a certain degree of on warranted pettiness and negativity. When that happens, we can choose to 1) control the situation and learn from it, 2) convert the individual to our side or 3) contribute to their lives in spite of the negativity. In many cases, we will need to do all three in order to move forward in our maturity process.

In whatever we do, when we choose to take action and control the direction and flow of negativity and *turn it against itself* to transform it into something that builds us up, we are exhibiting an advanced stage that will move us even faster toward our vision, or destiny. It is the

defining blow to negativity, and brings us as close to being able to eliminate it as we can get.

The reason that controlling negativity works so well, is that it gives us the freedom of allowing life to bring us its challenges, regardless of what they are. We no longer have to be reserved or reticent to face potential negativity.

We are no longer fearful or has been about days that present themselves as potentially damaging. Ultimately, we know that if we have in our capability the option of turning negativity into the fuel for our vision, we ultimately face each day with confidence.

Intentionality

We have discussed three primary elements throughout this guide as foundational to your reaching your destiny in this life.

First, we talked about **your power and necessity to choose**.

Second, we also discussed **the role of serendipity** and what we must do as it enters into our life.

Third, and finally we talked about **the role of mastery and being willing to go beyond excellence** in whatever we have chosen to do.

Underlying all of these factors, is *intentionality*. We must approach every situation with a mindset to achieve success and do so on purpose. What happens to us, isn't that we do things wrong or incorrectly. These instances are not actually true failure; they are learning opportunities if we can choose to hold them in our heart. this way.

If there is failure, it comes from our inertia or lack of action when it comes to our intentions. Most of us understand very well that it takes a positive mental attitude in order to believe and visualize that there will be success, once we take an action.

We have been taught to visualize ourselves in the canvas of success before it happens. This has been common among self-development system teachings over the last 10 to 15 years.

However, regardless of what system is used, what separates those that actually attain their goals and reach their vision isn't that they hit every note correctly. It's typically that **they have matched their intent with a corresponding action**.

It is natural to receive new insight from teaching with great anticipation. We realize new paths and we are ready to undertake them. Even as they are explained to us, we can see ourselves accomplishing success. However, only a small percentage of us

actually follow through on what we visualize in our minds and hearts to move us toward our destiny.

This can be baffling to us if we do not understand intentionality. Holding the vision in our minds, wishing, praying, manifesting can only bring us to the brink of taking action. There is a point at which we must get up and get moving with the intent of succeeding. It isn't enough, to move wishfully toward our goals, direction and vision, hoping that "things will turn out" well.

Everything that we do, we must move with a purpose and intention to succeed. What sometimes what happens along the way is that we ultimately believe that life will credit us if we "try as hard as we can."

We believe that somehow the manifestation process will take us the rest of the way if we just stand on our feet and place ourselves in the pathway of success. We sometimes believe that we can spare ourselves the drudgery and grind of moving against the resistance that is necessary for us to reach our destiny

It's natural for us to only move as far as there is no internal or external conflict. If we do not intend to succeed or get to our vision, we will be derailed and stopped in our tracks by internal and/or external resistance.

Most of us are willing to work hard and long at something that we truly want. However, there is a minority of us that will work toward our goal, regardless of the cost. In everything we do, we have to start out with the intent of seeing something through to the end, even when the path takes us through pain.

Living in “Randomity”

It may sound like the key to destiny is a rigid, rugged self-determination. Certainly, there is that element to it. We intend to succeed; we make choices to succeed and we press forward to get where we believe we need to be.

However, we all know that life doesn't always yield to us when we do all of the “right things”. We also know that it's very easy to be the recipient of back-to-back disappointments that would cause anyone to question whether or not a goal would be possible or even prudent.

However, along with being ruggedly determined, is another state of mind that is helpful and necessary in order for us to move forward in any venue. Given the nature of life, we must be in a mindset of being *ready to adjust* in order to get to our destination.

We can't be so locked into our method, that we are afraid to make changes as we go. All of us have plans that we make in order to get us to our goals and vision; and in most cases we need to stick to them if hope to make the best contribution to the world.

But when we are pressed and hit with disappointments, life events and random negative occurrences, how do we keep them from throwing us off our focus toward our life's work. Interestingly, this brings to mind the way that the airplanes fly long distances between destinations and actually arrived in the right place.

You may be surprised (and slightly frightened) to know that an airplane never moves in a direct, straight line at the exact degree and direction necessary to get to where it must go. As precise as the computing is in an airplane, this precision is isn't enough to move it directly to its point of destination. The airline is constantly in communication with different control towers on the ground helping them to make adjustments throughout the trip.

In effect, airplanes are constantly in a state of *midcourse corrections* from the time it takes off until the time it lands. Airplanes have to fly through weather conditions, and air traffic issues that aren't necessarily accounted for in the initial flight plan.

Without these adjustments, the airplane would likely fly miles outside of its target and ultimately arrive much later than scheduled. However, with every midcourse correction, the airplane makes a series of adjustments until it is alternately placed on the right path.

You will need to take the same approach toward your vision or destiny. Conditions will dictate that you need to you will be thrown several degrees off your plan:

- You may have to go back and recalibrate certain skills.
- You may need to attend classes that you thought that you have learned.
- Laws will change.
- Regulations will change.
- Requirements will change.
- Contacts and relationships will change.

Some favorable situations that were certain, will close just as fast as they opened. Many of the things that seem to have shown you green lights to move forward in the past, may suddenly turn, yellow then red, as you go forward.

Therefore, you must be ready to make adjustments in order to move forward. Sometimes what seems to be a lateral move may necessary in order to get to your end goal.

If you are unwilling to make these corrections, and stubbornly stick to your plan, you may find that you will eventually get to your destination but you will get there later than you had ever imagined.

This principle is called Radomity. It is a sister concept to intentionality. In order to arrive intact to your destination, you must have a mindset

to overcome any obstacle. This is a mindset that is necessary, as was discussed in the last section.

At the same time, the way that you overcome is often a matter of being ready to make the necessary adjustment adjustments. Hesitancy to making adjustments because they seem to be less direct, can slow down or even prevent your ultimate arrival.

I first learned of the all important concept of "randomity" while living in New York. But there's a vast difference between learning a principle and living it.

Now, you can't find "randomity" on dictionary.com but minutes after leaving a study class with my best friend, we went to cross in the middle of the street (something I'd done countless times before). This time, however, as we reached the center, I looked ahead and saw a car coming - only it was coming toward us from the wrong direction!

So I went to retreat to the sidewalk but then a car was coming toward us from behind too!

Having cars coming toward me from all directions and even in the wrong direction made me feel like I was inside a game of Frogger. But more importantly, it thrust my mind into a state of "randomity."

My mind was helped to quickly change under any circumstance. It was like this: adjust...adjust...adjust.

When you are able to live this way daily, it is my viewpoint that you are experiencing an "illuminated" mind which of course is managed by the Illuminated Self!

Changing the Frequency You Vibrate At

The Power of Sound

You are a human and divine “tuning fork”. One of the fastest ways to change your vibration is by using the power of sound. There are different sounds you can attune yourself with. My favorite is the Sound of “Hu”. In fact, I’ve been singing the Sacred Sound of HU for over 22 years now. You can do this with your eyes open or closed. I prefer closed because then I can withdraw my attention from the outer world and shift it to my inner worlds. But whatever is comfortable for you.

You take a deep breath, then on the exhale, it goes like this: HUUUUU...HUUUU...(like “hue”). Entire books have been written about this Sacred Word or Sound but for now, just try it out for a few minutes each day, see how it feels, and watch for miraculous changes in your life.

How Will We Know We Have Reached Our Destiny?

What you probably realize from this guide, is that you really and truly have no limits other than those you choose to accept. If you are willing to increase your intentionality and add your action behind it, you can reach the heights of your own personal greatness.

This might then cause you to ask the question, how will I know that I have arrived? Arriving at your destiny will not look like you might think it does.

It may or may not look like financial prosperity. Often, people get to their exact station, without ever wanting or needing the things that we believe accompany abundance. But all the same, these individuals move forward with purpose and intentionality to accomplish things in this life that we would not have thought possible.

Arriving at your destiny may or may not look like perfect harmony with everyone in the world. In fact, you can expect that regardless of what you choose to do, there will be a number of people who will not believe in your mission or the way that you approach it.

They will not believe your success nor will they trust your judgment. You will need to be ready for this, and you will not need to process the feelings of others in order to believe that you have reached your ultimate landing place. This is going to be difficult for many of us to swallow: being understood is not always part of our destiny.

Arriving at your destiny may not necessarily be accompanied by perfect health.

In order to know that you have arrived at your destiny, or that you are very close, is to take stock of the active state of your contribution to your family, community and in some cases the world. The question that we can and should ask is not what we have attained or received in this life. They are a byproduct of the struggle that we go through to

get to our final destination. The standing mark of our ultimate destiny is that we are in a position where we can give ourselves away. on a daily basis and continually find new resources to give again.

It is an indication that we have we have taken in what the world has to offer us. We have taken in the knowledge, wealth and even the favor of men. And once we have it, we then utilize it to give ourselves away for the sake and the highest good of others.

Our Ultimate Destiny is About Becoming a Gift to Life.

And while we can give possessions and knowledge, ultimately, we give back to the world what we have spent our lifetime building up. Attaining mastery, favor, confidence and positivity, becomes our storehouse and platform to become a servant of man.

A common societal expression is that “you can't take it with you”. Typically when this is said, the true intent is to make a statement about monetary wealth. It said in a slightly negative way to those that seek to attain financial abundance that they shouldn't worry over it but distribute it to others before leaving the earth.

There is an element of that sentiment to this, although not quite so cynical. Men and women of destiny choose unique ways to become a gift to all of us. We understand their special-ness while we experience it, and they understand it while they give it.

So here is where the challenge will come for you.

As you begin to design the picture in your mind for where you are seeking to go in your life. You'll probably figure out that you have a number of choices as to what you want to do in the way of vocation, how much income you would like to have and influence that you would like to wield.

In fact, those things are simple byproducts of your choice and determination. The key in understanding your destiny and being able to map it out is to be able to enter into the vision the giving of yourself.

If you were to be a gift back to the world, what would your life look like? What is the best way to build up your gifts, talents, abilities, and ambitions in order to benefit those whom you love, those who know you, but do not love you and those who will never know you? How could you serve them to the highest possible benefit? If you are going to sacrifice, this is the image that you must sacrifice for: Giving unto the highest good of others.

Your Destiny 'Contract'

As you begin to solidify the vision and picture in your mind as to where you are going to be giving the maximum gift of yourself, you will need to commit to it. **The end of this guide is actually the beginning of your path toward your destiny.** The last step in the process that this guide will request that you do, is to contract with you yourself that you will not stop until you get to experience what you visualize in that picture.

Why is this necessary? Because the world needs and awaits you.

Many times we construct the images in our minds that we know from our everyday experience is required for our world to improve. It is likely that the things that you envision giving yourself to, are necessary. It's your way of viewing the world that requires your unique gifting and talents, now you must go and give.

Your contract is simple. Write in excruciating detail what your destiny looks like when you are getting reach your maximum capacity. Then pledge that you will live with intentionality to achieve that purpose.

Make sure to state openly that what you're reaching for is inevitable. Sign, date and put it in a safe place. Yet, refer to it often because where attention goes, energy flows.

Your destiny is intimately tied to your level of acceptance and your ability to surrender to the great life that awaits you.

Are you READY? Let's GO!